

Where can I get more information and help?

www.thinkyouknow.co.uk

Think You Know

www.childnet.org.uk

Child Net

www.bbc.co.uk/cbbc/help/safesurfing

BBC Guides

www.cybersmartkids.com.au

Cyber Smart Site

www.chatdanger.com

Chat Danger

www.digizen.org/cyberbullying

Cyberbullying

www.netsmartkids.org

Net Smart

www.ceop.gov.uk

These are just a few-there are many more that you can use. You can just search the Internet for E-Safety and help as well.

Things you should be aware of:

- 1) Insensitive or threatening text messages, emails, IM (Instant Messaging) Myspace/social networking site comments, could end up with a fine or imprisonment.
- 2) 16 young people committed suicide as a result of bullying last year in the UK
- 3) 40,000 young people reported incidents of bullying last year-31,000 to Childline
- 4) Nationally, 4 in 10 students report some type of bullying- whether it be cyber based or not.



West Borough Primary School

E-Safety awareness for parents:

Helping you help your child

- Do you know the dangers?
- Do you know where your child is and who they are meeting?
- What is POS, PIR?

What are the dangers?

The dangers on the Internet range from very small to life changing. Some of the examples are:

- Bullying online can spill into real life
- Identity theft
- Fraud
- Images of child abuse
- Meeting strangers
- Physical abuse
- Sexual abuse-online and physical
- Growing up too fast!

What can you do to help stop it?

- Always have the computer in a room where you can see it
- Talk to your child about the dangers
- Be aware of the help you can get
- Know the codes your child may use (see opposite)

Some terms you may want to know:

| | |
|---------|-------------------------------|
| POS | Parent over shoulder |
| PIR | Parent in room |
| P911 | Parent alert |
| PAW | Parents are watching |
| PAL | Parents are listening |
| ASL | Age sex location |
| MorF | Male or female |
| LMIRL | Let's meet in real life |
| KPC | Keep parents clueless |
| ADR | Address |
| WYCM | Would you like to meet me? |
| KFY | Kiss for you |
| NALOPKT | Not a lot of people know that |

To name but a few- and they may have changed by the time this comes out!

What we do at West Borough Primary School to keep your child safe:

- We use filtering software on the school internet
- We talk to your child about E Safety and include it in the PSHCE curriculum
- We have guidance for students, staff and parents about E-Safety
- We display posters around school
- We discuss it in ICT/PSHCE sessions including an annual 'E-safety Day'
- We have an 'e-safety policy, which includes cyber-bullying
- We have staff who are trained in this area of work