

E-safety -Awareness raising session for Parents and Carers

CEOP

Money management

Communication skills

Confidence

Learning Online?

Computer skills

THINK

NOW

Research

Creativity



- What are the risks?
- Technologies your children use
- Tips for protection
- Advice and help
- Questions?



CEOP is the UK national lead agency who deal with the sexual exploitation of children in the UK and abroad



www.ceop.police.uk www.facebook.com/ceop CEOP Home - Safety Centre -



Need immediate help?

Do you need immediate help or have a real emergency? If so call 999 or contact your local police here:

In England or Wales In Northern Ireland In Scotland

When should I report to CEOP?

We help children stay safe online. Has someone acted inappropriately towards you online, or to a child or young person you know? It may be sexual chat, being asked to do something that makes you feel uncomfortable or someone being insistent on meeting up. You can report it to us below.



Make a CEOP report

Other people who can help For advice and to seek help on a range of issues, from hacking to cyberbullying, <u>click here</u>.





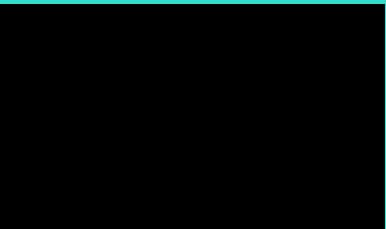
www.thinkuknow.co.uk www.youtube.co.uk/ceop







- Unwanted contact/grooming
- Cyberbullying
- Harmful content/illegal material
- Privacy/digital footprints





Positives, Risks and Actions

Social networking

Instant messaging/BBM

Online gaming

Mobile technology









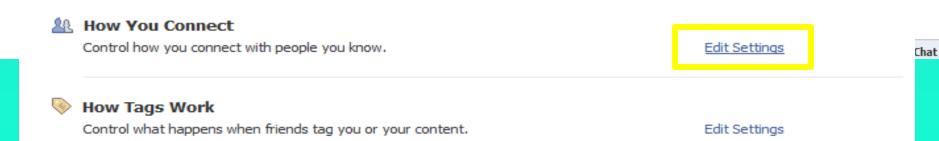
+

Control Privacy When You Post

You can manage the privacy of your status updates, photos and profile info using the inline audience selector - when you share or afterwards. Remember: the people you share with can always share your information with others, including apps. Try editing your profile to see how it works or learn more.

t 🔻

	What's on your mind?		
	How You Connect		
ntro	Who can look up your profile by name or contact info?	😧 Everyone 🔻	Post
	Who can send you friend requests?	🚷 Everyone 🔻	i
This settin doesn't ha	Who can send you Facebook messages?	🚷 Everyone 🔻	ook app that
ips itro	Who can post on your Wall?	💄 Friends 🔻	
nit	Who can see Wall posts by others on your profile?	😫 Friends 🔻	
tt	Learn more	Done	γ
			,





Sharing personal information

- Unwanted contact
- Unhealthy networking
- Inappropriate content

Overuse



- Security settings need to be set to "Friends only", that includes
 comments, posts and photos
- These "Friends" need to be people they know and trust in the real world
- Content Only post content and photos they wouldn't mind showing you!
- Try your very best to be "Friends" with your child on Facebook
- Learn how to report an issue directly to Facebook



- Help set up their profile
- Add your email as the main contact (if possible)
- Set the privacy settings to "friends" only and ensure they are children you know
- Show them a CEOP safety resource which outlines the risks (www.youtube.co.uk/ceop/jigsaw)
- 'Like' the Click CEOP page
- Check in and keep updated



Meet The Facebook Safety Team

Family Safety Center

Q

We believe safety is a conversation and a shared responsibility among all of us. That's why we provide the information, tools and resources you'll find here.

📫 Like 🛛 🖪 13,664 people like this. Be the first of your friends.



Our Philosophy

Safety is an ongoing conversation among everyone who uses Facebook.



The Facebook Community Each of us plays a role in creating a safe environment.



Tools & Resources Learn about your account settings, safety best practices and more.



Parents Help your teens play it safe on Facebook.



Teachers Learn and teach about how to use social media wisely.



Teens Be smart. Use good judgement whenever you're online.



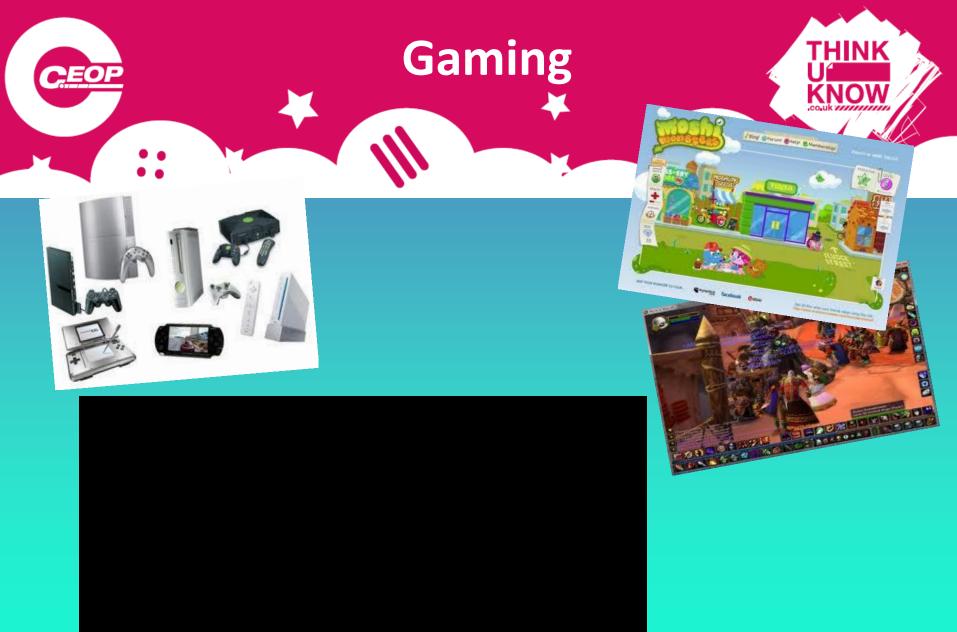
Learn how Facebook works with your local law enforcement.

Related Facebook Pages

Facebook Safety Page

Facebook Security Page

Law Enforcement





Inappropriate content

Unwanted contact





- Leave all gaming devices in a family space
- Open up communication talk to your child about the sites they are using and why they like them
- > Explain that people lie online and they are not always who they say they are
- Explain that people can be mean online and don't always have their best interests at heart
- > Ask them to never give out personal information
- Set parental controls
- Set time limits on how long they can game for. Allow time for non-technology based activities and allow an hour 'screen free' time before bed



PEGI (The Pan-European Game Information age rating system) was established in 2003 to help European parents make informed choices





Violence - Game contains depictions of violence

Discrimination - Game contains depictions of, or material which may encourage, discrimination



Sex - Game depicts nudity and/or sexual behaviour or sexual references





Drugs - Game refers to or depicts the use of drugs



Fear - Game may be frightening or scary for young children



Bad Language - Game contains bad language







BlackBerry® Messenger





- Unwanted contact
- Webcam capability
- Private moments
- Usage



- Ask your child to never accept people they don't know and trust in the real world
- Inform them that giving out personal information can be dangerous. They need to treat personal information such as the school they go to or their location like their tooth brush and not share it with anyone!
- Ask them not to webcam with people they do not know from the real world and turn the webcam off after use!
- Teach them how to report a problem and delete people that make them feel uncomfortable







Images taken and uploaded

➤ Location

Personal messaging





- Is my child old enough to have a mobile phone? Set boundaries
- Before buying your child a mobile, find out what **functions** it has Internet, private messaging, built in applications
- Set **parental controls** where required
- Set mobile rules no mobile phone in the bedroom at night, mobile free time before bed, no use after lights out



- What can you do? Functions of the site or technologies
- Is there any parental information available?
- How do you report a problem?
- Can the account/profile be made private?
- Does it have any parental controls?



How can they help?

- Block sites that are not age appropriate
- limit inappropriate and illegal material
- Set timings automatic switch off at bedtime
- Monitor activity



Report suspected online grooming – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up

ΓΗΙΝΚ

www.ceop.police.uk



EOF

Peer to peer support network for young people who are being bullied

Support and Report

www.cybermentors.org.uk





- I have asked my child to show me sites they use
- I have asked my child to set the security settings on all the technologies they use
- I have asked my child to only accept people they know and trust in the real world as online "Friends"
- I have set safe settings on our computer/laptop and set adult content filters on my child's smart phone
- My child has agreed to tell me if they are worried about something online

Email:

Forgot Password? Register

Password



Home FAQ Internet Safety Tips
Internet Safety Tips
Supporting Safe Use
Quiz Answers
Further Support
Where's KLAUS?
CLICK CEOP Advice Help Report
Click Clever, Click Safe Click CEOP Internet Explorer 8 brow
Customise your browser with CEOP too
More info

Welcome to CEOP's ThinkUknow parents section!

CEOP has launched a new 10 minute drama called 'Exposed' primarily aimed at 14 to 18 year olds.

THINK U KNOW

Sign In

'Exposed' deals with the subjects of sexting and cyberbullying, issues that teenagers commonly face. Click **here** to see our

guidance for young people on this area and the film. We encourage you to use this new film, and other Thinkuknow resources, as an opportunity to talk to your children about what they do online.

The internet is such an integral part of children's lives these days. It opens up so many educational and social opportunities, giving them access to, quite literally, a world of information and experiences.

Whether on a computer at school, a laptop at home, a games console or mobile phone, children and young people are increasingly accessing the internet whenever they can and wherever they are.

As you would protect your child in the real world, you will want to make sure that they are safe whatever they are doing. Like learning to cross the road, online safety skills are skills for life. If your child understands the risks and can make sensible and informed choices online, they can get the most from the internet and stay safe whilst doing so – particularly from those people who might seek them out to harm them.



www.thinkuknow.co.uk/parents



Thank you