YEAR 5 TRIP TO Carroty Wood

15 - 17th November 2017

STAFF GOING ON THE TRIP

Mrs Everest Mrs James Miss Morgan Mr Watts

http://adventures.rockuk.org/centres/carroty-wood/ Carroty Wood is an outdoor and residential centre located near Tonbridge



BEDROOMS

We will be staying in the Woodland Lodge

The children will sleep in bunk beds on single beds in shared rooms.

Staff bedrooms are next door to the children's rooms.

Bedding is provided by the centre.

Children will be asked to shower after muddy activities. No muddy shoes are allowed in the building. Indoor footwear must be worn.

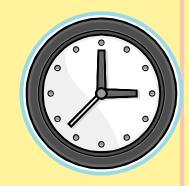
FOOD

- The children will take on the responsibility of the kitchen. Preparing food, clearing up and washing up!!!
- 2 DIY breakfasts Thursday breakfast and Friday breakfast
- 2 DIY lunches Thursday lunch and Friday lunch
- 2 prepared evening meals Wednesday evening and Thursday evening





PROVISIONAL ITINERARY



Wednesday 15th November 11.30am Leave West Borough 12.30pm Arrive At Carroty Wood

Friday 17th November
1:30pm Leave Carroty Wood
2:30pm Arrive West Borough

Wednesday 15th NOVEMBER

- 8.40am Arrive at school put bags in small hall
- 9:15 am leave for normal school swimming lesson.
 - o 11.30am Coach departs West Borough
 - 12:30pm Arrive at Carroty Wood
 - 12.30 pm Lunch
 - Welcome talk
 - 1.30pm Activities start
 - o 6pm Dinner
 - 7pm Evening activities

Thursday 16th NOVEMBER

- o 9am Breakfast
- 10am Activities (includes drink break)
 - o 12pm Lunch
 - 1pm Activities
 - o 5pm Free time
 - o 6pm Dinner
 - 7pm Evening Activities

Friday 17th November

- o 9am Breakfast
- 10am Activities (includes drink break)
 - o 12pm Lunch
 - 1:30pm Depart Carroty Wood
- 2:30pm Arrive at West Borough- children to be collected from the small hall.
 - We will of course look after your child until 3:15pm if you are unable to collect them earlier, but <u>please let the office know</u>.

ACTIVITIES

- Low ropes
- Team building games
 - High ropes
 - Abseiling
 - Archery
 - BMXing
 - Mission Impossible
 - o Sports hall games



IT WILL BE MUDDY!







- Slippers / indoor house shoes
 - Nightwear
 - Underwear
 - Fleece/sweatshirts
 - o Old T-shirts
 - Old trousers
 - Old trainers
- Another pair of shoes
 (to travel back in)
- Waterproof jacket and trousers

- Hat, scarf and gloves
- Wash bag & toiletries
 - o x2 Towels
- Clothes to Chill out in evening
- Pen and paper/ activity for journey
 - Plastic bags for dirty Clothes!
 - o torch
- A packed lunch for the first day

PLEASE NAME EVERYTHING!

WHAT NOT TO BRING

- Jewellery
- Mobile phones
 - MP3 players
 - CD players
- o Game boys or similar items
 - Sweets etc

These will NOT be covered on the insurance

Luggage limited to one medium size bag/case and one piece of hand luggage per person.

The children must be able to carry their belongings.

MEDICATION

- Please complete a GREEN FORM prior to the trip to let us know of any medication that will be required.
- Please label the medication...(We have stickers if you need some!)

Child's name
Dosage (e.g. 1 tablet)
What time medication to be given
Any other instructions

 No medicines should be packed in luggage. All medicines should be handed to a member of staff.

GROUPS

- oChildren have been asked their group and room preferences. Staff will have the FINAL say as there are always lots of factors to consider.
- oThey will have time together at meal times and free time.

COMMUNICATION

- I will inform the school of our safe arrival at Carrotty Wood.
- Communication from school will come to you via the parent text system.
- In the event of an out of hours emergency whilst we are away and you wish to contact us, please ring: 07794 778958

ANY QUESTIONS???

Thank you for attending today. If you have any questions, please ask.

Payment is due by 31st October