Where can I get more information and help?

www.thinkyouknow.co.uk Think You Know

www.childnet.org.uk Child Net

www.bbc.co.uk/cbbc/help/safesurfing BBC Guides

www.cybersmartkids.com.au Cyber Smart Site

<u>www.chatdanger.com</u>

Chat Danger

www.digizen.org/cyberbullying Cyberbullying

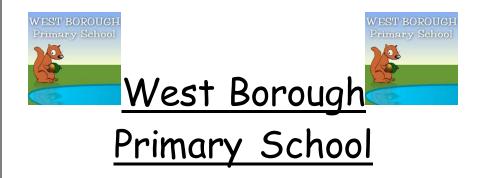
www.netsmartkids.org Net Smart

www.ceop.gov.uk

These are just a few-there are many more that you can use. You can just search the Internet for E-Safety and help as well.

#### Things you should be aware of:

- Insensitive or threatening text messages, emails,
   IM (Instant Messaging) Myspace/social networking site comments, could end up with a fine or imprisonment.
- 2) 16 young people committed suicide as a result of bullying last year in the UK
- 3) 40,000 young people reported incidents of bullying last year-31,000 to Childline
- 4) Nationally, 4 in 10 students report some type of bullying- whether it be cyber based or not.



# E-Safety awareness for parents:

Helping you help your child

- Do you know the dangers?
- Do you know where your child is and who they are meeting?
- What is POS, PIR?

### What are the dangers?

The dangers on the Internet range from very small to life changing. Some of the examples are:

- Bullying online can spill into real life
- Identity theft
- Fraud
- Images of child abuse
- Meeting strangers
- Physical abuse
- Sexual abuse-online and physical
- Growing up too fast!

## What can you do to help stop it?

- Always have the computer in a room where you can see it
- Talk to your child about the dangers
- Be aware of the help you can get
- Know the codes your child may use (see opposite)

#### Some terms you may want to know:

POS Parent over shoulder

PIR Parent in room
P911 Parent alert

PAW Parents are watching
PAL Parents are listening
ASL Age sex location
MorF Male or female

LMIRL Let's meet in real life KPC Keep parents clueless

ADR Address

WYCM Would you like to meet me?

KFY Kiss for you

NALOPKT Not a lot of people know that

To name but a few- and they may have changed by the time this comes out!

# What we do at West Borough Primary School to keep your child safe:

- We use filtering software on the school internet
- We talk to your child about E Safety and include it in the PSHCE curriculum
- We have guidance for students, staff and parents about E-Safety
- We display posters around school
- We discuss it in ICT/PSHCE sessions including an annual 'E-safety Day'
- We have an 'e-safety policy, which includes cyber-bullying
- We have staff who are trained in this area of work