

Year I Learning Activities – week commencing 5th October

Monday

English and topic learning

Sorting healthy and unhealthy food. Draw a picture or write a list foods that are healthy and unhealthy.

Why do we need to eat healthy food? What might happen if you eat lots of unhealthy food,

Maths learning

Practise counting from 0 to 10 in ones and back down.

This week in maths we are learning fewer and greater.

Using objects in your house. Find some which are greater than the other. For example;

4 apples and 3 bananas

8 pens and 2 teddy bears

Daily challenge

Read a story to an adult for at least 10 minutes using phonics to sound out and blend words together.

Practice long ladder letters

l, i, t, j, u, y

Tuesday

English and topic learning

At school next week we will be making a healthy smoothie. Choose a healthy meal or snack to make at home.

Write a list of ingredients and equipment you will need.

Maths learning

Practise counting from 0 to 10 in ones and back down.

Talk about Mondays learning and draw a picture of some of your items that were greater. Write the amount next to your picture.

Daily challenge

Read a story to an adult for at least 10 minutes using phonics to sound out and blend words together. Can you jump on the spot for 10 seconds? What other exercise can you do?

Wednesday

English and topic learning

Write instructions for how to make your chosen healthy meal or snack. You could also draw a picture of the main steps.

Maths learning

Practise counting from 0 to 10 in ones and back down. Use a number line 0 to 10,

Using objects in your house. Find some which are fewer than the other. For example;

2 pets and 4 tooth brushes

2 plants and 8 tins of food

Daily challenge

Read a story to an adult for at least 10 minutes using phonics to sound out and blend words together.

Thursday

English and topic learning

Draw a picture of your home and your road. Learn and write your address.

Maths learning

Practise counting from 0 to 10 in ones and back down.

Talk about Wednesdays learning and draw a picture of some of your items that were fewer. Write the amount next to your picture.

Daily challenge

Read a story to an adult for at least 10 minutes using phonics to sound out and blend words together.

Practise forming numbers 0-10 correctly.



Friday

English and topic learning

Use a paper or digital map (e.g. Google maps) to find your route to school.

Maths learning

Every Friday at school we will be learning our number bonds to 10. Watch Farmer Pete's song help you practise at home;

<https://www.youtube.com/watch?v=poJmS5iWfEs>

Daily challenge

Read a story to an adult for at least 10 minutes using phonics to sound out and blend words together.

Help your adult with their food shopping list. Can you draw a picture of some of the meals you are having next week?