



Thursday 15<sup>th</sup> October 2020

WALT: Expand our vocabulary


S2S: **I can**

- Use a boxed-up plan
- Identify interesting phrases
- Record chosen phrases



# Let's recap...

Write down all of the things that you have learnt about letters.



Today we are going to expand our vocabulary by looking for interesting phrases that we can magpie for our own writing.

Pick out some key words and phrases that you will use in your own writing and record them in your Home Learning book.

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1<sup>st</sup> September 2019

Dear Amy,

Thank you for writing to me to ask for some help in solving your problem of children not wanting to go to bed at night. Fortunately, this is something I am quite an expert in as I have two children of my own and have tried out some different ideas. I have some suggestions that may help you.

First of all, I have found out that if you give the children a 10 minute then 5 minute warning before it is bedtime, they will be prepared and then will be more likely to do as they are told. This results in my children finishing what they are doing before bed time, rather than ask for more time.

Another thing that might help is to agree a time earlier in the day, and try and arrange it for after their TV programme has finished. It can be quite useful to make an agreement, for example you can stay up to watch that film tonight, but you will need to be in bed by 8pm tomorrow. As a result of this we have less arguments in our house.

I have also discovered a way to solve the problem of children getting up again once they have gone to bed. They are very good at making up excuses, for example they need a drink, to go to the toilet or are hungry. As part of the bedtime routine, I now make sure that children have had something to eat and drink (and of course clean their teeth afterwards) and been to the toilet. I have proved that this works very well with my children.

Finally, my children do not have a TV or computer in their bedrooms. This means that they cannot pretend to go to sleep whilst they are still watching television or playing a game.

I hope that you have found my suggestions useful and I have helped to solve your problem. If I can be any more help, please write to me again.

Yours sincerely

Mary Stevens


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How do  
you know?



Have you been  
successful  
today?