

## **Today's Music and P.E.**

Music: have a go at revisiting the basic elements of music

<https://www.bbc.co.uk/bitesize/subjects/zwxhfg8>

P.E.: why not try online exercises or Joe Wicks – try some of the links below:

Choreograph hip hop exercise:

<https://www.youtube.com/watch?v=JWTyO8npgOQ>