



Thought for the Day

LOVE

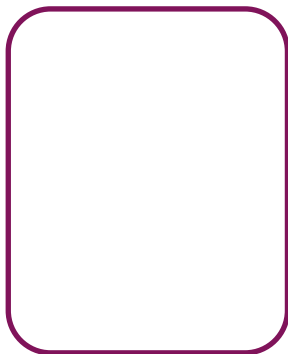
Who do you love? Who do you really, really love?

I'm sure we can all think of someone we love: it might be your mum, dad, cousin, brother, sister, friend, pet, etc. Sometimes we might not like the things they do or say but we love the person that they are and all the good and wonderful things about them.

In the Bible, there is a verse that says *'nothing can separate us from God's love'* (Romans 8:38-39). At The Family Trust, we believe God loves us very much; whoever we are, however young or old we are, we believe He loves us all the same and cares about us.

Reflect

Think for a moment about someone you love... What do you love about them?
What are some of your favourite things about them?



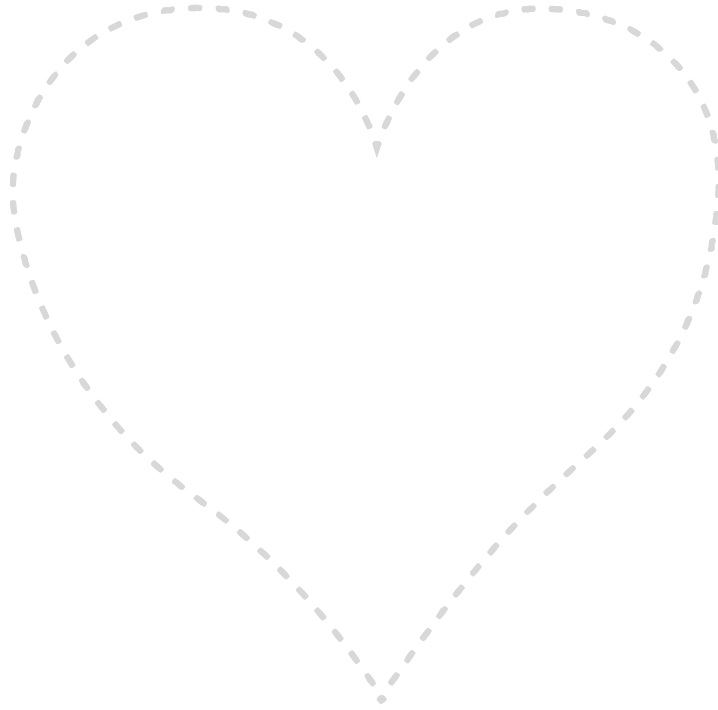
Draw a picture of them in the box and write down what you love about them below:

Who I love:



Craft

One thing we can do to show someone that we love them is to write to them. Draw around the heart below. Inside the heart, write a message to someone you love. Think about what you're going to write, maybe have a look at the list of things you wrote down earlier to help you.



If you have scissors and an adult to help you, you can cut around this heart and give it to that person.

Think

What else can you do to show someone that you love them and are grateful for them?

