

The British (serves 60 million)

Take some **Picts, Celts** and **Silures**

And let them settle,

Then overrun them with **Roman** conquerors.

Remove the Romans after approximately 400 years

Add lots of **Norman** French to some

Angles, Saxons, Jutes and **Vikings**, then stir vigorously.

Mix some hot **Chileans**, cool **Jamaicans, Dominicans, Trinidadians** and **Bajans** with some **Ethiopians, Chinese, Vietnamese** and **Sudanese**.

Then take a blend of **Somalians, Sri Lankans, Nigerians** And **Pakistanis**,

Combine with some **Guyanese**

And turn up the heat.

Sprinkle some fresh **Indians, Malaysians, Bosnians,**

Iraqis and **Bangladeshis** together with some

Afghans, Spanish, Turkish, Kurdish, Japanese

And **Palestinians**

Then add to the melting pot.

Leave the ingredients to simmer.

As they mix and blend allow their languages to flourish

Binding them together with **English**.

Allow time to be cool.

Add some unity, understanding, and respect for the future,

Serve with justice

And enjoy.

***Note:** All the ingredients are equally important. Treating one ingredient better than another will leave a bitter unpleasant taste.*

***Warning:** An unequal spread of justice will damage the people and cause pain. Give justice and equality to all.*

by Benjamin Zephaniah