

**Autumn Term 1 – September 2024**

Welcome to the first Inclusion Newsletter of the academic year. I hope that it provides you with some useful information and gives you an insight into how we support SEN at West Borough. If you have any questions, please contact me through the school office on 01622-726391 or email me at [gjury-sofi@west-borough.kent.sch.uk](mailto:gjury-sofi@west-borough.kent.sch.uk) (Mrs Jury-Sofi)

## **Do you know about Kent's Local Offer?**

There is lots of helpful information on this website which can signpost you to local services that offer support for families.

Scan the QR code with the camera app on your mobile device to find out more about Kent's Local Offer.



## **The Mainstream Core Standards**

In Kent, schools are expected to meet the needs of all children and young people with SEND. The Mainstream Core Standards sets out how we can provide for all children. For example, the classroom approaches suggested are part of how teachers usually work to make sure they meet the needs of all the children in their classrooms. Schools must put provision (the right curriculum and support) in place for children and young people with SEND and they must take account of their individual needs. Children and young people don't need a formal diagnosis for this support to be put into place. You can access the document on the link below.



[https://www.kelsi.org.uk/\\_data/assets/pdf\\_file/0005/117257/Special-educational-needs-mainstream-core-standards-guide-for-parents.pdf](https://www.kelsi.org.uk/_data/assets/pdf_file/0005/117257/Special-educational-needs-mainstream-core-standards-guide-for-parents.pdf)



As part of the 'Partnership for Inclusion of Neurodiversity in Schools (PINS) project' that we are involved in this year, we will be holding a coffee morning in the near future. Kent PACT will come along and discuss the PINS project with you and answer general questions that you might have about SEN in Kent.

If you would like any further information, please visit the Kent PACT website or email us [pins@kentpact.org.uk](mailto:pins@kentpact.org.uk)



# Nurture UK

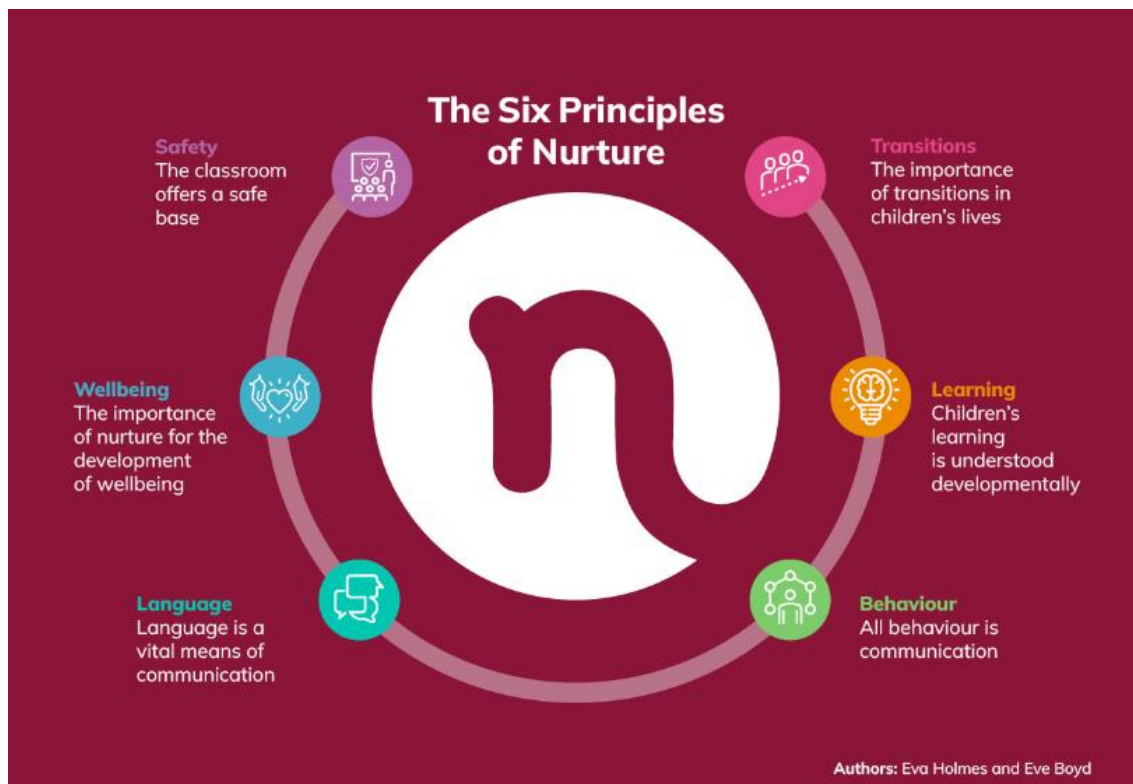
This academic year, we will be continuing to work towards gaining our Nurture UK Award as part of the National Nurturing Schools Programme. For us to achieve this, we must demonstrate how we embed the nurture principles into our everyday practice.

The [National Nurturing Schools Programme](#) is based on the **Six Principles of Nurture** that have successfully underpinned nurturing approaches for over 50 years.

1. **Children's learning is understood developmentally** – the social and emotional needs of pupils are assessed and tracked, and all staff provide support for development at the appropriate level.
2. **The classroom offers a safe base** – ensuring that each environment is welcoming, with predictable routines and positive relationships.
3. **The importance of nurture for the development of wellbeing** – provision promotes welfare and wellbeing, in an environment where achievements are celebrated, and everyone feels valued.
4. **Language is a vital means of communication** – children are supported to understand and express their feelings, in an environment where language is used positively by all.
5. **All behaviour is communication** – a consistent approach to behaviour, where staff understand that children may communicate their feelings in different ways, and where children are supported to reflect on their choices.
6. **The importance of transition in children's lives** – transitions are prepared for and managed with understanding. There is a focus on preparing children for transitions in life, not just in school.

The children have been learning about these principles in our Monday assemblies. Maybe you can ask them about numbers 2, 3 and 4!

Through Nurture, we aim to develop positive social experiences and relationships with peers and adults, as well as opportunities to understand emotions and develop children's self-worth, confidence, trust and adaptability. We will support children to understand their emotions and behaviours and develop strategies to self-regulate these emotions and anxieties.



Here are some websites that you might find useful.

## Online Support Services

### KENT RESILIENCE HUB

[Kentresiliencehub.org.uk](http://Kentresiliencehub.org.uk)

A resource that helps young people, parents and carers, staff and practitioners to understand emotional wellbeing and resilience.



### SEND INFORMATION HUB

[www.kent.gov.uk/education-andchildren/special-educational-needs](http://www.kent.gov.uk/education-andchildren/special-educational-needs)

Guidance and support for parents of children with special educational needs.



### MIND ED

<https://www.minded.org.uk/>

Free educational resource to support children, young people and adults with mental health.



### AUTISM EDUCATION TRUST

[www.autismeducationtrust.org.uk](http://www.autismeducationtrust.org.uk)

Resources and support for parents and schools for children and young people with autism.



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EDUCATIONAL  
PSYCHOLOGY  
SERVICE



## Are you concerned about your child's development?

The Children's Therapies website 'The Pod' has a wealth of information to support parents and professionals to understand their child's development. If you follow this link, you will find videos and information about Speech & Language, Neurodiversity, Occupational Therapy and Physiotherapy.

<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/>

Here are a few examples of what is on offer.

### Attention Deficit Attention Disorder (ADHD)

	<b>Title:</b> Let's Talk About ADHD
	<b>Section:</b> ADHD
	<b>Duration:</b> 4 minutes 12 seconds
	<b>← QR code Weblink →</b> <a href="#">Click here</a>

### Early language and communication

	<b>Title:</b> Let's get talking (Workshop training)
	<b>Section:</b> Early language and communication
	<b>Duration:</b> Unknown (but likely to be quite long due to comprehensive content)
	<b>← QR code Weblink →</b> <a href="#">Click here</a>



**Title:** Parent/carers workshop SLCN – school age

**Section:** School aged language

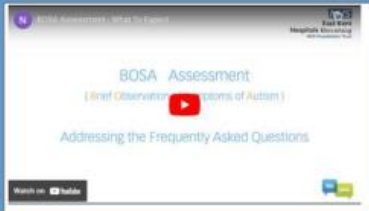
**Duration:** 20 minutes 50 seconds



← QR code

Weblink→ [Click here](#)

## Autistic Spectrum Condition (ASC)



**Title:** BOSA assessment

**Section:** ASC

**Duration:** 5 minutes 38 seconds



← QR code

Weblink→ [Click here](#)

<b>Kent School Health (including School Nursing Team)</b>	<a href="https://www.kentcht.nhs.uk/service/school-health/">https://www.kentcht.nhs.uk/service/school-health/</a> A team of school nurses and practitioners to support children aged 4-19 with general health and emotional health. Parents can apply directly for support via the online referral form.
<b>Early Help</b>	<a href="https://www.kelsi.org.uk/special-education-needs/integrated-childrens-services/early-help-contacts">https://www.kelsi.org.uk/special-education-needs/integrated-childrens-services/early-help-contacts</a> Services that can be accessed at a time and place that suits families to help them to do well, stay safe and resolve problems at the earliest possible opportunity before they become more serious.
<b>Young Minds</b>	<a href="https://www.youngminds.org.uk">https://www.youngminds.org.uk</a> A mental health charity for children, young people and their parents, making sure all young people can get the mental health support they need.
<b>NELFT (CYPMHS/CAMHS)</b>	<a href="https://www.nelft.nhs.uk/services-kent-medway/">https://www.nelft.nhs.uk/services-kent-medway/</a> NELFT provides an extensive range of integrated community and mental health services. Parents can request support via the online SPA (single point of access) form.
<b>Kent Resilience Hub</b>	<a href="https://kentresiliencehub.org.uk/">https://kentresiliencehub.org.uk/</a> Resources that help young people, parents and carers, staff and practitioners to understand emotional wellbeing and resilience.
<b>Young Carers</b>	<a href="https://www.nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/being-a-young-carer-your-rights/">https://www.nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/being-a-young-carer-your-rights/</a> Kent Young Carers is the countrywide service for Young Carers aged 5-18 across Kent. Young Carers are taking on caring responsibilities for a family member with a long-term illness, disability, mental health or substance misuse issue.
<b>Mind</b>	<a href="https://www.maidstonemind.org/mid-kent-mind-home/">https://www.maidstonemind.org/mid-kent-mind-home/</a> Mid Kent Mind offer a range of services- all intended to encourage positive well-being, and help people to better manage their mental health.
<b>MindEd</b>	<a href="https://www.minded.org.uk/">https://www.minded.org.uk/</a> A free educational resource on children, young people, adults and older people's mental health.
<b>West Kent/Live Well Kent</b>	<a href="https://livewellkent.org.uk/">https://livewellkent.org.uk/</a> Provides free mental health support for younger people and adults.
<b>Slide Away</b>	<a href="https://www.slideaway.org/">https://www.slideaway.org/</a> Slide Away offers support to children and young people in West Kent who have been bereaved of a family member or friend. They also support children and young people who have a parent or sibling with a life limiting illness.
<b>Holding on letting go</b>	<a href="https://holdingonlettinggo.org.uk/">https://holdingonlettinggo.org.uk/</a> A Kent-based charity that helps children to cope with the death of someone close to them.
<b>CHUMS</b>	<a href="https://chums.uk.com/kent-bereavement-service/">https://chums.uk.com/kent-bereavement-service/</a> CHUMS offer specialist bereavement support to children and young people from 3 and a half up until their 26 <sup>th</sup> birthday in Kent and Medway.
<b>Home Start</b>	<a href="https://www.home-start.org.uk/">https://www.home-start.org.uk/</a> This is a local community network of trained volunteers and expert support helping families with young children through challenging times.
<b>IASK</b>	<a href="https://www.iask.org.uk/">https://www.iask.org.uk/</a> Information, advice and support, Kent, gives free, impartial and confidential advice and support about special education needs and disabilities (SEND), for children, young people up to the age of 25, parents and carers.
<b>Space to be me</b>	<a href="https://space2beme.org.uk/">https://space2beme.org.uk/</a> A West Kent charity providing support for disabled children and young people with additional needs from birth to age 25 and their families.



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