



WEST BOROUGH PRIMARY SCHOOL

PSHE (Including RSHE)

INTENT

At West Borough Primary School, Personal, Social, Health and Economic (PSHE) education is central to our commitment to developing confident, healthy, respectful and responsible citizens. Through a progressive curriculum, pupils develop the knowledge, skills and attributes needed to manage their lives safely, maintain positive relationships, protect their physical and mental wellbeing and contribute positively to society. Our curriculum reflects the statutory Relationships Education and Health Education requirements and is aligned with the 2025 RSHE guidance. Children learn about emotional literacy, wellbeing, diversity, equality, citizenship, economic understanding and safeguarding in age-appropriate and meaningful ways. Through carefully sequenced learning, pupils develop the knowledge and skills needed to build positive relationships, make informed decisions, manage risk, safeguard themselves and others, and prepare for the opportunities and responsibilities of life in modern Britain. We aim for all children to know more, remember more and do more as they progress through the school.

IMPLEMENTATION

PSHE is taught through the Jigsaw programme, which provides a progressive, spiral curriculum from Reception to Year 6. Learning is organised into six themed units that are revisited and developed throughout a child's primary education. The curriculum fully incorporates statutory Relationships Education and Health Education whilst also developing wider personal, social, economic and citizenship understanding. Emotional literacy sits at the heart of the curriculum, supporting children to recognise, understand and manage emotions, build resilience and maintain positive relationships.

Each lesson follows the Jigsaw approach, including Calm Me activities, Connect Us opportunities and structured discussion which develops communication and respectful dialogue. Pupils learn about safeguarding, online safety, healthy lifestyles, mental wellbeing, diversity, anti-bullying, British Values and economic wellbeing. Learning is adapted to meet the needs of all pupils, including those with SEND. PSHE is further embedded through assemblies, pupil leadership opportunities, behaviour systems, enrichment activities and everyday interactions across the school community.

Oracy is an important component of the PSHE curriculum. Pupils are explicitly taught how to listen actively, express their views respectfully, consider different perspectives and engage in constructive discussion. Through structured talk, role play, partner work and collaborative activities, children develop the communication skills needed to build positive relationships, resolve conflict and participate confidently in democratic society.

Curriculum Overview

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Rights & Responsibilities	Diversity & Inclusion	Aspirations & Achievement	Physical & Mental Health	Families & Friendships	Growth & Development
Democracy & Community	Anti-Bullying	Resilience & Perseverance	Keeping Safe	Communication & Conflict Resolution	Puberty & Transition

IMPACT

By the time pupils leave West Borough Primary School, they have developed the knowledge, understanding and confidence needed to navigate an increasingly complex world safely and successfully. Pupils understand how to build and maintain healthy relationships, recognise and manage their emotions, celebrate diversity and challenge discrimination. They know how to keep themselves safe online and offline and understand how and when to seek support when needed.

Pupils demonstrate increasing emotional literacy and are able to recognise, name and manage a wide range of emotions. They communicate effectively, resolve conflict constructively and participate positively in school and wider community life. Through their learning, pupils become respectful, active citizens who understand their rights, responsibilities and contribution to society.

The impact of the curriculum is evidenced through pupil voice, monitoring activities, behaviour and wellbeing data, safeguarding outcomes, participation in pupil leadership opportunities, assessment information and subject leadership monitoring. Pupils leave West Borough Primary School well prepared for secondary school and life in modern Britain.