



WEST BOROUGH PRIMARY SCHOOL

Physical Education

INTENT

At West Borough Primary School, we believe that Physical Education is an essential part of every child's development. Through the Get Set 4 PE curriculum, pupils develop physical competence, confidence, resilience and teamwork whilst promoting lifelong participation in physical activity and healthy lifestyles. We aim for all children to know more, remember more and do more as they progress through the school.

IMPLEMENTATION

PE is taught using the Get Set 4 PE scheme, which provides a progressive sequence of learning from Reception to Year 6. Pupils develop fundamental movement skills, sport-specific skills and an understanding of health and fitness through games, gymnastics, dance, athletics, outdoor and adventurous activities, swimming and competitive sport. Learning is adapted to ensure all pupils can achieve success and enjoy being physically active.

Curriculum Overview

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Intro PE/Fundamentals	Intro PE/Fundamentals	Ball Skills/Gym	Ball Skills/Gym	Games/Dance	Games/Dance
Year 1	Fundamentals/Team Building	Sending & Receiving/Ball Skills	Dance/Target Games	Yoga/Invasion	Net & Wall/Gym	Athletics/Fitness
Year 2	Ball Skills/Team Building	Invasion/Fitness	Dance/Target Games	Gym/Rapid Fire Cricket	Striking & Fielding/Infant Agility	Athletics/Swimming
Year 3	Fundamentals/Ball Skills	Handball/Dodgeball	Gym/Fitness	Dance/OAA	Athletics/Tchoukball	Rounders/Swimming
Year 4	Hockey/Sports Hall Athletics	Gym/Football	Handball/Dance	Fitness/Netball	Cricket/Pickleball	Athletics/Swimming
Year 5	Netball/Hockey	Rugby/Volleyball	Dance/OAA	Sports Hall Athletics/Pickleball	Rounders/Badminton	Athletics/Swimming

				kleball		
Year 6	Football/Sports Hall Athletics	Basketball/Para Olympic Games	Dance/Flag Football	Tennis/Badminton	Cricket/Volleyball	Gymnastics/Swimming

IMPACT

By the time pupils leave West Borough Primary School, they have developed the knowledge, skills and confidence needed to participate successfully in a wide range of physical activities. Pupils demonstrate competence, resilience, teamwork and sportsmanship and understand the importance of leading healthy, active lifestyles. They are well prepared for the next stage of their education and lifelong participation in physical activity.